

## **NYSPHSAA/NYS Federation Standards for the 3<sup>rd</sup> Competitor / 2nd Relay Team**

EVENT	GIRLS	BOYS
55m Hurdles	8.74 (8.5)	7.94 (7.7)
55m Dash	7.44 (7.2)	6.74 (6.5)
300m Dash	41.94 (41.7)	36.74 (36.5)
600m Run	1:38.74 (1:38.5)	1:24.74 (1:24.5)
1000m Run	3:02.24 (3:02.0)	2:35.24 (2:35.0)
1500m Run	4:49.54 (4:49.3)	xxxxxxx
1600m Run	xxxxxxx	4:28.74 (4:28.5)
3000m Run	10:21.14 (10:20.9)	xxxxxxx
3200m Run	xxxxxxx	9:42.24 (9:42.0)
1500m Race Walk	7:28.24 (7:28.0)	xxxxxxx
Long Jump	17' 02"	21' 06"
Triple Jump	36' 01"	43' 06"
Shot Put	37' 07"	51' 00"
High Jump	5' 03"	6' 02"
Pole Vault	10' 00"	13' 00"
Weight throw	43'00"	56'00"
<b>4 x 200 Division 1</b>	1:47.54	1:34.94
<b>4 x 200 Division 2</b>	1:52.84	1:36.65
<b>4 x 400m Division 1</b>	4:06.94	3:32.44
<b>4 x 400 Division 2</b>	4:22.46	3:41.46
<b>4 x 800m Division 1</b>	9:36.24	8:05.04
<b>4 x 800 Division 2</b>	10:30.52	8:54.50

The third place finisher in the 300, 600,1000, and 1600/1500 will go in the intersectional medley relay. If the third place finisher has met the state standard in those events, then the 4<sup>th</sup> place finisher in that event will represent Section V in the state meet.